



Vaccine

Schedule

Recommendations

Fluarix
[Influenza]

annually

The flu vaccination is recommended for all pregnant women, regardless of trimester. Annual flu vaccination is especially critical during pregnancy because it protects both pregnant women and their fetuses. Babies cannot be vaccinated against the flu until they are six months old, but they receive antibodies from their mother that help protect them until they can be vaccinated. Women can also receive the flu vaccine postpartum and while they are breastfeeding.¹

Boostrix
[Tdap or Tetanus-Diphtheria-Pertussis]

every 10 years

Pregnant women who have never had a dose of Tdap should get one after the 20th week of gestation and preferably during the 3rd trimester. If they do not get Tdap during their pregnancy they should get a dose as soon as possible after delivery.²

Cervarix
Gardasil
[HPV or genital human papillomavirus]

0, 1 month, 6 months
1, 2 months, 6 months

HPV vaccine is recommended for girls 11 or 12 years of age. It may be given to girls starting at age 9. It is important for girls to get HPV vaccine before their first sexual contact – because they won't have been exposed to human papillomavirus. The vaccine is also recommended for girls and women 13 through 26 years of age who did not get all 3 doses when they were younger.³

Twinrix
[HAV & HBV or Hepatitis A & B]

0, 1 month, 6 months

Havrix
[HAV or Hepatitis A]

0, 6 months

Engerix-B
[HBV or Hepatitis B]

0, 1 month, 6 months

The CDC recommends vaccination for any person who wishes to be protected from HAV and or HBV. It also recommended for travelers to regions of the world where HAV & HBV are common; sexually active people who are not in long-term, mutually monogamous relationships; healthcare & safety workers who might be exposed to blood or body fluids; people seeking evaluation or treatment for STDS; people who will have close, personal contact with an international adoptee; people with chronic liver disease. Please see the CDC website for more information on recommendations.

Please visit www.cdc.gov and www.acog.org for more information

¹ 12/04/12, http://www.acog.org/About_ACOG/News_Room/News_Releases/2012/Your_Flu_Vaccine_Due_Date_Is_Now; ² 01/24/12, <http://www.cdc.gov/vaccines/pubs/vis/downloads/vis-td-tdap.pdf>; ³ 02/22/12, <http://www.cdc.gov/vaccines/pubs/vis/downloads/vis-hpv-gardasil.pdf>